



The Upper Cape Ski & Sports Club  
PO Box 2123  
Teaticket, Ma 02536

# THE AVALANCHE

## December 2006

### NEXT MEETING:

- Thursday
- December 7, 2006
- 7:30 p.m.
- The Falmouth Inn
- 824 Main Street  
Falmouth, MA 02540

### Contact Us?

#### By Mail:

Upper Cape Ski & Sports Club  
P.O. Box 2123  
Teaticket, MA 02536

#### By Phone:

Ron Purdy, Treasurer  
508-540-4268

#### By Web:

[www.uppercapeskiclub.com](http://www.uppercapeskiclub.com)

#### President:

Tom Peterson  
[President@uppercapeskiclub.com](mailto:President@uppercapeskiclub.com)

#### Vice President:

Bud Shaw  
[VicePresident@uppercapeskiclub.com](mailto:VicePresident@uppercapeskiclub.com)

#### Treasurer:

Ron Purdy  
[Treasurer@uppercapeskiclub.com](mailto:Treasurer@uppercapeskiclub.com)

#### Secretary:

Pam de Lalla  
[Secretary@uppercapeskiclub.com](mailto:Secretary@uppercapeskiclub.com)

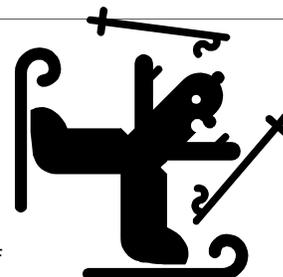
#### Membership:

Sharon Grace  
[Membership@uppercapeskiclub.com](mailto:Membership@uppercapeskiclub.com)

#### Newsletter Editor:

Compiled by the Board of Directors  
[Board@uppercapeskiclub.com](mailto:Board@uppercapeskiclub.com)

### President's Letter



Happy Holidays Skiers and Boarders:

I hope you are all as excited about the upcoming season as I am. We're off to a slow start, but Mother Nature has a way of making up for the warm weather we've been having. With any luck, we'll be knee-deep in powder in time for our first trips. Keep your fingers (but not your ski tips) crossed!

December is a great time to go over your gear before the season starts. Be sure to get your skis or board tuned up—the new equipment depends more heavily on proper tuning than those old boards we used to strap on. Make sure you have enough socks and mittens to last the season and, if you don't, add them to your holiday wish list. Check everything out now so you're not stuck buying from the ski shop on your first trip. Don't forget to tune yourself up, too. Start a daily stretching routine, at least, to be sure your ski days are injury free.

What better way to get in the holiday spirit than to attend our annual Yankee Swap. Bring a wrapped gift valued between \$10 and \$20 and join in on the fun. The gift does not have to be ski-related. We'll also be giving away a free day trip to some lucky member, so be sure to pay your dues before the drawing. You must be paid-up and present to win. Finally, we have a guest speaker attending all the way from Sugarbush. This is all happening at The Falmouth Inn on December 7 at 7:30 PM. I hope to see you all there.

Looking for a last-minute gift for a family member or friend? How about a gift certificate to the Ski Club? We offer various denominations and they are valid towards any club event. Call Ron Purdy at (508) 540-4268 to order one today. Plus you don't have to fight for a parking space or wait in hour-long lines!

I'd also like to take this opportunity to welcome all our new members. We're glad to have you as part of the family and hope that you will enjoy the club. If you have any suggestions or requests, feel free to bring them up at any time. We're a friendly, informal club that aims to please. We welcome feedback.

See you on the slopes,

Tom Peterson, President

**DON'T FORGET: DUES ARE DUE!**



## UPCOMING EVENTS!

- December 7: Club Meeting & Yankee Swap—bring a gift value at \$20 or less
- December 9: Barnstable High School Gear Swap 1—3 pm
- December 8-10: Sunday River Weekend
- Ongoing: Club LOGO CONTEST - see website for details

### ***Changed your e-mail address lately?***

**If you haven't notified us, then you won't receive our email updates.**

**Send e-mail requests to:**

**[mfskier@uppercapeskiclub.com](mailto:mfskier@uppercapeskiclub.com)**

### 06/07 Trip Leaders

Bud Shaw  
 84 Lakewood Drive  
 Mashpee, MA 02649  
 508-477-3717

Tom Burt  
 46 Thom Avenue  
 Bourne, MA 02532  
 508-759-8364

Roz Levin  
 PO Box 125  
 Mashpee MA 02649  
 508-477-8476

Michael Finegold  
 88 Palmer Avenue  
 Falmouth, MA 02540  
 508-548-0071

Sharon Grace  
 15 Horseshoe Lane  
 North Falmouth, MA 02556  
 508-548-3639

Camille Morgan  
 4 Thorne Road  
 Bourne, MA 02532  
 508-759-7616

Chuck Wilson  
 190 Old Plymouth Road  
 Sagamore Beach, MA 02562  
 508-888-3214

Ron Purdy  
 PO Box 3419  
 Waquoit MA 02536  
 508-540-4268

Tom Peterson  
 35 McCallum Drive  
 Falmouth, MA 02540  
 (508) 540-4205

### **~ Deposit/Refund policy ~**

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.



# 06 / 07

## Trip Schedule!

| DATE                | DAY               | DESTINATION      | PRICE  | TRIP LEADER      |
|---------------------|-------------------|------------------|--------|------------------|
| December 8-10       | Friday-Sunday     | Sunday River, ME | \$130  | Michael Finegold |
| January 10          | Wednesday         | Stratton, VT     | \$65   | Ron Purdy        |
| January 14          | Sunday            | Sunday River, ME | \$70   | Tom Burt         |
| January 21-26       | Sunday-Friday     | Sugarloaf, ME    | \$330  | Bud Shaw         |
| January 31          | Wednesday         | Mount Snow, VT   | \$65   | Chuck Wilson     |
| February 4          | Sunday            | Wildcat, NH      | \$70   | Tom Burt         |
| February 14         | Wednesday         | Okemo, VT        | \$65   | Camille Morgan   |
| February 17-24      | Saturday-Saturday | Breckenridge, CO | \$1260 | Bud Shaw         |
| February 23-March 2 | Friday-Friday     | Steamboat, CO    | \$1429 | Michael Finegold |
| February 28         | Wednesday         | Cannon, NH       | \$65   | Tom Peterson     |
| March 4             | Sunday            | Crotched, NH     | \$65   | Chuck Wilson     |
| March 14            | Wednesday         | Loon, NH         | \$65   | Roz Levin        |
| March 21            | Wednesday         | Wildcat, NH      | \$65   | Sharon Grace     |
| March 28            | Wednesday         | Attitash, NH     | \$65   | Roz Levin        |

Non-members are subject to a \$15 surcharge. Already have a pass? Ride the bus for only \$40!

All trips leave from the Grand Union parking lot in Monument Beach (off MacArthur's Blvd).

Pickup available in Middleboro on VT day trips and Duxbury on NH and ME day trips.

**For up-to-the-minute information on trip updates, visit**  
**[www.uppercapeskiclub.com](http://www.uppercapeskiclub.com)**

**NEXT GENERAL MEETING - Thursday, December 7, 2006 at The Falmouth Inn**



## Steamboat Springs, Colorado

Feb 23 – Mar 2, 2007

\$1,429 per person

**Skiing & Snowboarding:** Steamboat is one of the largest and most diverse ski areas in Colorado. Featuring 3,000 skiable acres of terrain, the mountain offers great tree skiing, wide open meadows, long bump runs and groomed cruisers. Gladed areas of Sunshine and Storm Peaks are Steamboat's particular claim to fame, with "champagne powder" in the trees for the most avid powder hounds. Steamboat is actually a complete mountain range consisting of Mount Werner, Sunshine Peak, Storm Peak, Thunderhead Peak and Christie Peak.

**Mountain Stats:** **Average snowfall:** 27 feet of snow each year. **Summit Elevation:** 10,568 ft, **Base Elevation:** 6,900 ft, **Vertical Drop:** 3,668 ft, **Number of Trails:** 142, **Longest Run:** "Why Not": over 3 mi., **Cross-Country Skiing:** 18.7 mi., **Total Skiable Area:** 2,939 acres.

**Trip includes:** Round-trip air Boston to Hayden via United Airlines with round-trip airport/hotel transfers. Seven (7) nights accommodations at the The Lodge at Steamboat and a five (5) out of seven (7) day Steamboat ski pass.

**The Lodge at Steamboat:** Our accommodations are 2-bedroom condominiums at the base of Mt. Werner featuring fully equipped kitchens (grocery nearby), fireplaces, color cable TVs, private balconies. We are only 200 yards from the Gondola, shops and restaurants. Property amenities include a private shuttle, indoor and outdoor hot tubs, heated pool, sauna, and complimentary on-site ski valet service and storage. Free wireless internet access from your room. Complimentary morning coffee and doughnuts. We are a short ten-minute drive on the free shuttle to town. Come and experience an authentic Cowboy Town!

**Trip Leader:** Contact Michael at 774-392-2567 or mfskier@uppercapeskiclub.com for further information.

**Deposit needed \$929 Balance of \$500 due on January 1st, 2007**

**There are only 9 spaces left! Call today.**



## Breckenridge, Colorado

February 17—24, 2007

The trip includes:

- ▲ 7 nights ski-in/ski-out modernized condominium
- ▲ Round trip airfare & hotel transports
- ▲ 5-out-of-8-day lift ticket good at Breckenridge, Vail, Beaver Creek, Arapaho Basin & Keystone!
- ▲ The highest Gondola in the U.S. – 12,000 ft.
- ▲ School vacation week (but not in CO) – families welcome.

**\$1260 per person.**

For more information, call:  
**Bud Shaw - 508-477-3717**  
**budshaw@uppercapeskiclub.com**

**Currently Full - Call for  
 availability**



## Sunday River, Maine

Seven peaks of great skiing and boarding!

December 8–10, 2006

Wow, our first trip of the season is headed to the Pine Tree State for some great skiing! Sunday River has got what we need for early season skiing. Good vertical, lots of terrain, and plenty of snowmaking, just in case Mother Nature doesn't live up to her end of the deal.

This is a drive yourself trip, and to make it interesting you can stop along the way at Kittery or Freeport to enjoy the many shops these two locations have to offer. Or you can just make your way up to Newry and strap on your boards for some excitement.

Accommodations will be at the Snow Cap Inn and include 2 queen beds and private bath.

Price \$130 per person including 2 lift tickets.

Contact Michael Finegold at 774-392-2567 to reserve your space.



## Sugarloaf USA

January 21–26, 2007

\$330 per person

Sugarloaf is located in the heart of the Carrabassett Valley and is surrounded by Maine's western mountains. The Timberline Quad takes you to the top of the world (by New England standards anyway). Views extend to NH, VT and Canada. Enjoy the only lift-serviced, above treeline skiing in New England!

### Trip Includes:

- 5-1/2 day ski pass
- Daily "Perfect Turn" ski clinic
- 5 nights slopeside condominium lodging
- Monday evening "Welcome Social"
- Daily use of the Fitness/Health Club
- Free local shuttle bus
- And much, much more!

Contact Trip Leader Bud Shaw at (508) 477-3717

\$200 Deposit due immediately. \$130 balance due by 12/15/06.



## **MY HOLIDAY WISH LIST**

By Tom Burt

—A quick look into this year's gear and trinkets—

Every year, the ski and sports industry comes up with some new (and sometimes ridiculous) products. Here's a sampling of this year's offerings:

### **SMITH Phenom Turbo Fan \$180**

These goggles have a built-in micro-electronic fan to eliminate fog. Now you can't blame your yard sale on fogged-up goggles.

### **THE NORTH FACE Sirius Pant \$349**

Ski pants have come a long way. Gore-Tex XCR 2L keeps you warm in these and the Recco avalanche rescue reflector helps ski patrol locate you under the immense amounts of snow we're sure to get this winter.

### **GIRO Audio Series \$75 and up**

Yes, even helmets are getting technical. Giro has provided all the vents, pads and old-fashioned stuff from previous years; however, they now include integrated audio systems that plug into your cell phone or MP3 player.

### **OAKLEY Razrwire \$295**

Sunglasses get a makeover to include wireless Bluetooth capabilities that connect to your cellphone or other audio device, eliminating the need for a headset. You're sure to look ridiculous in these.

### **NIKE CONSIDERED Humara \$100**

Going green for 07? Don't forget the shoes. Organic cotton, water-based dyes and biodegradable cork footbeds will make you the hit of the tree-hugger party.

### **NORDICA Gransport**

Nordica brings back the rear-entry boot this year with a modern twist. When buckled, the boot offers the performance of a modern boot while offering the comfort of the rear-entry design.

### **SILVA Tech40 Ski Speedometer \$260**

This "wristwatch" uses radar waves to measure ground speed, distance, max speed, average speed, pace, calories burned, and heart rate. Do you really want all that information though?

## Trip Application for 2006-2007 Season

Name: \_\_\_\_\_ Roommate: \_\_\_\_\_

MAILING Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

Email address: \_\_\_\_\_

Trip desired \_\_\_\_\_ Date: \_\_\_\_\_

Downhill  Cross Country  Snowboard

**YOU MUST FILL IN ALL BLANKS. I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.**

Signed \_\_\_\_\_ Date \_\_\_\_\_

**LIABILITY POLICY:** Participants acknowledge that there are inherent risks in skiing, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club. Make all checks payable to: **Upper Cape Ski & Sport Club**

Mail directly to the trip leader. **Do not send cash !!!!** Amount enclosed \$ \_\_\_\_\_

**All deposits are subject to our deposit policy which is published in our newsletter and on our website.**

## Membership Application for 2006-2007 Season

Name: \_\_\_\_\_ Age: \_\_\_\_\_

MAILING Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

Email address: \_\_\_\_\_

**Annual Dues - \$45**

**October 1, 2006 thru Sept. 30, 2007**

Downhill  Snowboard

Cross-Country

I prefer to receive my newsletters via email: YES  NO

I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**LIABILITY POLICY:** Participants acknowledge that there are inherent risks in skiing, snowboarding, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club. I also agree to abide by the bylaws and policies set forth by the Upper Cape Ski & Sport Club.

Annual dues are \$45. Minimum age for membership is 21 years of age.

Make all checks payable to **Upper Cape Ski & Sport Club**

# Next General Meeting

**Thursday  
December 7, 2006**

The Falmouth Inn  
824 Main Street  
Across from Dairy Queen

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## Itinerary:

### December 7:

- ↑ Yankee Swap (bring a wrapped gift valued at \$20 or less)
- ↑ Day Trip Raffle
- ↑ Sugarbush Patroller Larry McCutcheon
- ↑ Sign up for Trips
- ↑ Pay your dues!
- ↑ Eat some free food!

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**FIRST CLASS MAIL**



There's no news like snow news!